



JUMP ROPE FOR HEART 2014
Tuesday January 21st and Wednesday January 22nd

Announcing the sixth annual Jump Rope for Heart event at Bay Harbor Elementary School! Throughout the school day on Tuesday, January 21st students in kindergarten and first grade will participate in a specially designed event that allows even novice jumpers to have fun. While on Wednesday, January 22nd students in second, third and fourth grades will participate in an event created for their higher level of skill! All students who participate will have fun, improve fitness, develop jump rope skills and join the fight to eliminate heart disease and stroke!

Students/families who choose to participate and raise money for the American Heart Association need to complete a fundraising envelope that will be handed out two weeks before the event during physical education class. Students earn prizes based on the amount of money collected. Students are encouraged to call friends, neighbors or relatives to obtain sponsors. Donations will be accepted up until Friday, January 31st.

FUNDRAISING IS NOT REQUIRED FOR PARTICIPATION IN THE EVENT!

If you have any further questions or concerns....please contact:

Mr. Vanden Hoogen- 662-8855