

Jump Rope for Heart!!!



PARENTS:

On January 27th (K-1st) and January 28th (2nd-4th) Bay Harbor is holding our annual **Jump Rope for Heart** event. While encouraging community service, it is also an educational program that makes being healthy FUN!

The dollars raised are critical to the development of lifesaving research.

Unfortunately, **heart disease** and **stroke** are the #1 and #5 killers in America today. **Nearly 5000 Americans have a heart attack or stroke every day, but we can change that!**

Family, friends, and others you know or work with are welcome to support your child's volunteering efforts by making contributions online or in the attached envelope.

QUESTIONS: Contact Mr. Vanden Hoogen!

chadvand@hssd.k12.wi.us

662-8855

ONLINE DONATIONS:

Step 1:

Go to
heart.org/jump

Step 2:

Select your **state** and **city** to find your school

Step 3:

Join your school's team and....
Set up your own Web Page!!!

**Make CHECKS payable to:
American Heart Association.**

As a 501C status non-profit, all donations are tax deductible.

Meet our new Lifesaver Pups!

Students can earn these cool Dogs by
helping the American Heart Association!



**SUPER PUP and
Gambler Ticket \$5**



**NINJA
Online Donation**



**CAP'N BARK and 1 hour
FREE at Xtreme Air \$20**



**DR. BOW
WOW \$35**



**Free 90 Minute Pass at
Xtreme Air \$50**



**MARTIA
\$85 Online**



**SOCCER PUP
\$100**