








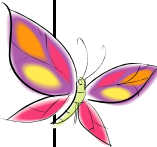

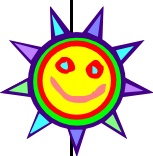

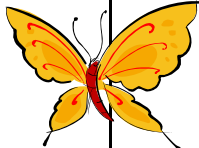








Howard-Suamico School District Menu April 2014

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
|  | 1 Chicken Nugget Giggles Ranch or BBQ Sauce Dinner Roll Potato Smiles Fresh Cucumber Slices Pears Apple Slices | 2  Nacho with Meat & Cheese Sauce Lettuce, Tomato Black Olives Salsa, Sour Cream Refried Beans Corn Peaches Mandarin Oranges | 3  Diced Chicken in Gravy Mashed Potatoes Texas Toast Broccoli Pears Applesauce Salad Bar FIGARO'S @ FOREST GLEN | 4 Stuffed Crust Cheese Pizza Cauliflower Baby Carrots & Dip Mixed Fruit Apple Slices Birthday Fruit Ice Strawberry Milk Choice HAPPY BIRTHDAY, APRIL BABIES! |
| 7 Hamburger on a Bun Cheese Slice Baked Beans Raw Veggies & Dip Pineapple Peaches | 8  Chicken Tenders Ranch or BBQ Sauce Vanilla Sweet Potato Fry Green Beans Pears Grapes | 9  BRUNCH FOR LUNCH: Ham French Toast Sticks Mini Tri Taters Jicama Sticks & Dip Applesauce Strawberries | 10 Spaghetti & Meat Sauce Dinner Roll Cauliflower Peaches Pineapple Salad Bar FIGARO'S@ SUAMICO & BAY HARBOR | 11  Bosco Stick Tomato Soup Raw Veggies & Dip Mixed Fruit Apple Slices |
| 14 Chicken Patty on a Bun Corn Baby Carrots & Dip Pears Mandarin Oranges | 15  Hot Dog with Bun Baked Beans Fresh Cucumber Slices with Dip Applesauce Grapes | 16 MUNCH A LUNCH: Trix Yogurt String Cheese Soft Pretzel Cheese Sauce Raw Veggies & Dip Banana Cherry Blend Juice Cup | 17  Lasagna Bake Garlic Toast Broccoli Peaches Pineapple Salad Bar FIGARO'S@ HOWARD & MEADOWBROOK | 18 NO SCHOOL  |
| 21 2 Soft Shell Tacos with Meat & Cheese Lettuce, Tomato Salsa & Sour Cream Black Beans Corn Mixed Fruit Pears | 22 Stuffed Crust Pepperoni Pizza Slice Cauliflower Pears Mandarin Oranges Salad Bar | 23  Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Green Beans Raw Veggies & Dip Pineapple Applesauce | 24 Portesi Cheese Fries Pizza Sauce Broccoli Baby Carrots & Dip Mixed Fruit Apple Slices | 25  Salisbury Steak in Gravy Mashed Potatoes Texas Toast Bread Slice Peas & Carrots Pears Orange Wedges |
| 28 Mini Corn Dogs Baked Beans Raw Veggies & Dip Mixed Fruit Apple Slices | 29  Diced Chicken in Gravy Mashed Potatoes Cinnamon Roll Green Beans Baby Carrots & Dip Peaches Pineapple | 30  Pepperoni Pizza Broccoli Pears Mixed Fruit Salad Bar |  | |

Howard-Suamico School District Breakfast Menu - April 2014

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
|  | 1 Apple Filled Breadstick Cinnamon Graham Squares Orange Wedges Milk Choice | 2 Fruity Cheerios Bar Cinnamon Graham Squares Applesauce Milk Choice  | 3 Breakfast Pastry Square Applesauce Milk Choice | 4 Cocoa Puffs Cereal String Cheese Banana Milk Choice  |
| 7 Trix Yogurt Chocolate Chip Gripz Cinnamon Graham Squares Grapes Milk Choice | 8 Bacon Scramble Pizza Orange Wedges Milk Choice  | 9 Pumpkin Muffin Square & Margarine String Cheese Applesauce Milk Choice  | 10 Chocolate Chip Waffle Apple Slices Milk Choice  | 11 Muffin & String Cheese Applesauce Milk Choice |
| 14 Banana or Zucchini Bread Margarine Grapes Milk Choice  | 15 Pancake Wrapped Sausage Cinnamon Graham Squares Applesauce Milk Choice | 16 Hard-Cooked Egg Fruity Cheerios Bar Banana Milk Choice | 17 Breakfast Taco Salsa or Ranch Dressing Orange Wedges Milk Choice | 18 NO SCHOOL  |
| 21 Trix Yogurt Chocolate Chip Gripz Grapes Milk Choice  | 22 Breakfast Bagel Pizza Cinnamon Graham Squares Orange Wedges Milk Choice  | 23 Pumpkin Muffin Square & Margarine String Cheese Banana Milk Choice | 24 Mini Pancakes Cinnamon Graham Squares Applesauce Milk Choice  | 25 Cinnamon Toast Crunch Chocolate Graham Bears Grapes Milk Choice |
| 28 Banana or Zucchini Bread Margarine Orange Wedges Milk Choice | 29 Cinnamon Glazed French Toast Applesauce Milk Choice | 30 Hard-Cooked Egg Goldfish Crackers Banana Milk Choice  | | |

Includes choice of 1%, fat free chocolate, or skim milk. Meal price is \$1.20; meal is free if eligible for free or reduced price meals. Menu is subject to change.