

Bay Harbor Running Club Permission Slip

My Child (please print) _____, who is in _____ grade and in _____ class, has my permission to participate in the Bay Harbor Running Club.

I understand that I must provide transportation for my child.

My child has the following medical condition that the coaches need to be aware of:

HOW IS YOUR CHILD GETTING HOME? PLEASE CIRCLE ONE:

Pick up by parent, Champions, Walk or bike home

Parent/Guardian Signature(s):

_____ Telephone number _____

_____ Telephone number _____

Parent email (please write legibly). We will use this for our communication:

Bay Harbor Running Club Code of Conduct

Please read and initial each guideline:

- _____ 1. Runners must check in and out of Running Club. Attendance will always be taken at the beginning and end of practice. No runner may be picked up while out on the course. All runs begin and end at a designated area. Coaches must be notified in advance of an absence or we will be calling to check on attendance.
- _____ 2. Although Running Club is voluntary, too many missed practices will result in being dropped from the club.
- _____ 3. Students receiving a third behavior ticket will be dismissed from Running Club.
- _____ 4. Any runner dropping out of Running Club will not be permitted to rejoin that year.
- _____ 5. No electronic devices (cell phones, ipads, video games, etc.) are allowed to be used during Running Club.
- _____ 6. Running Club is a school sponsored event. All runners must adhere to the school rules.
- _____ 7. Runners must follow the “rules of the road” while running the course. These rules will be reviewed at practice before each run.

I have read the Bay Harbor Running Club information and initialed the guidelines. My child and I understand that inappropriate behavior will not be tolerated and will result in the dismissal from the club for the remainder of the season.

(Parent signature)

(Parent signature)

Ways to Volunteer:

To make the Running Club a success, we rely on parent volunteers. We need help in the following areas. If you can help, please sign up and we will get in touch with you when help is needed.

_____ **Crossing Guard** - Responsibility is to stand at intersections and direct traffic.

_____ **Make and distribute Gatorade** (Gatorade will be provided) - Responsibility is to mix the Gatorade and pour into cups. Must be ready by 4:00 for when runners return from the longer runs.

*******PLEASE COMPLETE AND RETURN TO THE SCHOOL OFFICE
BY MONDAY APRIL 1st*******