
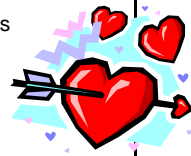





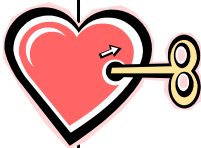





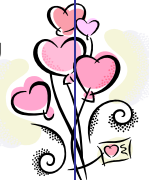
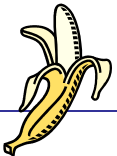


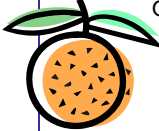



Howard-Suamico School District Menu February 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>CHINESE NEW YEAR: YEAR OF THE HORSE Popcorn Chicken Rice Fortune Cookie Broccoli Cucumber Slices/Dip Orange Wedges Pineapple Milk Choice</p> 	<p>4</p> <p>Salisbury Steak in Gravy Texas Toast Bread Slice Mashed Potatoes Peas & Carrots Pears Apple Slices Milk Choice</p> <p>FIGARO'S@ SUAMICO & BAY HARBOR</p>	<p>5</p> <p>Portesi Cheese Fries Pizza Sauce Corn Mandarin Oranges Mixed Fruit Salad Bar Milk Choice</p> 	<p>6</p> <p>Ham French Toast Sticks/ Syrup Mini Tri Taters Jicama Sticks/Dip Applesauce Pineapple Milk Choice</p> 	<p>7</p> <p>Chicken Patty on Bun Baked Beans Baby Carrots/Dip Pears Peaches Birthday Fruit Ice Strawberry Milk Choice Milk Choice</p> <p>HAPPY BIRTHDAY, FEBRUARY BABIES!</p>
<p>10</p> <p>Mini Corn Dogs Vanilla Sweet Potato Fries Raw Veggies/Dip Mandarin Oranges Grapes Milk Choice</p>	<p>11</p> <p>2 Soft Shell Tacos with Meat & Cheese Salsa, Sour Cream Lettuce, Tomato Black Beans Corn Pineapple Pears Milk Choice</p>  <p>HOME: Edamame Pods</p>	<p>12</p> <p>Real Slice Cheese Pizza Peas Baby Carrots/Dip Mixed Fruit Banana Milk Choice</p>	<p>13</p> <p>Spaghetti with Meat Sauce Bread Stick Broccoli & Cauliflower Peaches Pineapple Salad Bar Milk Choice</p> 	<p>14</p> <p>VALENTINE MENU :Heart-Shaped Chicken Nuggets Ranch or BBQ Sauce Dearest Dinner Roll Be Mine Baked Beans Cupid's Cucumber Slices Sweetheart Strawberries Apple Smlies Heart-Shaped Cookie Berry Special Milk Choice</p>
<p>17</p> <p>Hamburger on Bun Tater Tots Raw Veggies/Dip Pineapple Applesauce</p> <p>HOME: Hummus</p> 	<p>18</p> <p>Diced Chicken in Gravy Mashed Potatoes Texas Toast Margarine Broccoli Mandarin Oranges Grapes Milk Choice</p> <p>FIGARO'S @ FOREST GLEN</p>	<p>19</p> <p>Trix Yogurt String Cheese Soft Pretzel Cheese Sauce Raw Veggies Dip Banana Cherry Blend Juice Cup Milk Choice</p> 	<p>20</p> <p>Lasagna Bake Garlic Toast Corn Peaches Pears Salad Bar Milk Choice</p> <p>FIGARO'S@ HOWARD & MEADOWBROOK</p>	<p>21</p> <p>Hot Dog on Bun OR Sub Sandwich Baked Beans Baby Carrots/Dip Mandarin Oranges Mixed Fruit Milk Choice</p>
<p>24</p> <p>Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Margarine Peas & Carrots Cucumber Slices Mixed Fruit Applesauce Milk Choice</p>	<p>25</p> <p>Sloppy Joe on Bun OR Fish Nuggets Dinner Roll Cheesy Macaroni Broccoli Baby Carrots/Dip Pears Mandarin Oranges Milk Choice</p> 	<p>26</p> <p>Pepperoni Pizza Green Beans Pineapple Banana Salad Bar Milk Choice</p>	<p>27</p> <p>Nacho Chips with Meat & Cheese Sauce Lettuce, Tomato, Black Olives Salsa, Sour Cream Refried Beans Corn Peaches Apple Slices Milk Choice</p>	<p>28</p> <p>NO SCHOOL</p> 

Alternative entree offered daily. Milk choices include 1%, skim, and fat-free chocolate. Lunch price: \$1.75 K-4th; \$2.00 5th-8th; \$.40 reduced price.
Menu is subject to change. Visit www.hssd.k12.wi.us/foodservices for more information.

Howard-Suamico School District Breakfast Menu - February 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Banana or Zucchini Bread Margarine Orange Wedges Milk Choice</p>	<p>4</p> <p>Cinn Glazed French Toast Applesauce Milk Choice</p> 	<p>5</p> <p>Hard-Cooked Egg Goldfish Crackers Banana Milk Choice</p>	<p>6</p> <p>Mini Blueberry Waffles Cinn Graham Squares Grapes Milk Choice</p> 	<p>7</p> <p>Strawberry Pop-Tart Animal Crackers Apple Slices Milk Choice</p>
<p>10</p> <p>Trix Yogurt Chocolate Chip Gripz Grapes Milk Choice</p> 	<p>11</p> <p>Glazed Pancakes Orange Wedges Milk Choice</p>	<p>12</p> <p>Pumpkin Muffin Square & Margarine String Cheese Apple Slices Milk Choice</p> 	<p>13</p> <p>Breakfast Quesadilla Salsa or Ranch Dressing Applesauce Milk Choice</p> 	<p>14</p> <p>Trix Cereal Cheese Stick & Banana Milk Choice</p> 
<p>17</p> <p>Muffin & Margarine String Cheese Grapes Milk Choice</p> 	<p>18</p> <p>Apple Filled Breadstick Cinn Graham Squares Orange Wedges Milk Choice</p>	<p>19</p> <p>Fruity Cheerios Bar Cinn Graham Squares Applesauce Milk Choice</p>	<p>20</p> <p>Breakfast Pastry Square Applesauce Milk Choice</p>	<p>21</p> <p>Cocoa Puffs Cereal String Cheese Banana Milk Choice</p> 
<p>24</p> <p>Trix Yogurt Chocolate Chip Gripz Cinn Graham Squares Grapes Milk Choice</p>	<p>25</p> <p>Bacon Scramble Pizza Orange Wedges Milk Choice</p> 	<p>26</p> <p>Pumpkin Muffin Square & Margarine String Cheese Applesauce Milk Choice</p>	<p>27</p> <p>Chocolate Chip Waffle Apple Slices Milk Choice</p> 	<p>28</p> <p style="text-align: center;">NO SCHOOL</p>

Includes choice of 1%, fat free chocolate, or skim milk. Meal price is \$1.20; meal is free if eligible for free or reduced price meals. Menu is subject to change.