

Shopping List



The
Giving
Tree

Fruit

- Canned
- Juices -100% fruit
- Dried fruit, Raisins
- Applesauce

Vegetables

- Canned – all varieties
- Canned tomato products
- Beans – dry pinto, navy, black, etc.
- Dry split green peas

Meat

- Canned – tuna, salmon, chicken
- Canned Beef Stews & Chili

Soup, Canned Pasta

- Canned Condensed
- Canned Heat and Serve
- Dry Soup – Ramen, Lipton, Mrs. Grass
- Spaghettis, Chef Boyardee

Peanut Butter

Breakfast Grains

- Cold Cereal
- Oatmeal, other hot cereal mixes
- Pancake mix and syrup

Grains/Starches

- Instant Potatoes
- Rice and rice mixes
- Boxed stuffing
- Dry noodles/pasta and sauce
- Hamburger & Tuna Helper
- Macaroni & Cheese