



Love 2 Run Training Program

We are in the middle of our coldest winter ever, but it is time to think about lacing up your running shoes and join Bay Harbor's Love 2 Run program. Students in grades 2, 3, and 4 are welcome to participate in training to run 3.1 miles to prepare for the Cellcom's 5k race on **May 17th**. Practice starts Tuesday, **April 8th** and runs every Tuesday and Thursday until May 15th. Practice starts immediately after school and ends at 4:15. Information can be found about the Cellcom at <http://www.cellcomgreenbaymarathon.com/>.

There will be a registration fee for the Cellcom. More information will be available at a later date. Students will need a comfortable pair of running shoes, appropriate dress for the weather, and a water bottle.

Parents are welcome and encouraged to train and run with us. If you are not a runner and would like to assist in some way, we need crossing guards and Gatorade makers.

Please complete and return the permission slip to Mrs. Joynt or Mrs. Tetzlaff in the library no later than **April 1, 2014**. An informational **parent meeting will be held April 3rd at 5:00** in the library. Parents are strongly encouraged to attend.

Your training coaches,
Mrs. LaFrombois carrlafr@hssd.k12.wi.us
Ms. Schneider jessschn@hssd.k12.wi.us

Love 2 Run Club's Permission Slip

Student Name _____ has my permission to train for the Cellcom 5k through the "Kids Love to Run" program.

Teacher Name and Grade _____

Please list any medical conditions: _____

I will be able to assist with training. Yes No
I can be a crossing guard. Yes No
I can make Gatorade Yes No

Parent or Guardian Signature _____

Contact numbers _____

E-mail address _____

(return to Mrs. Joynt in the library)

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