

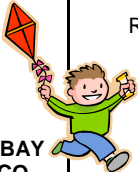






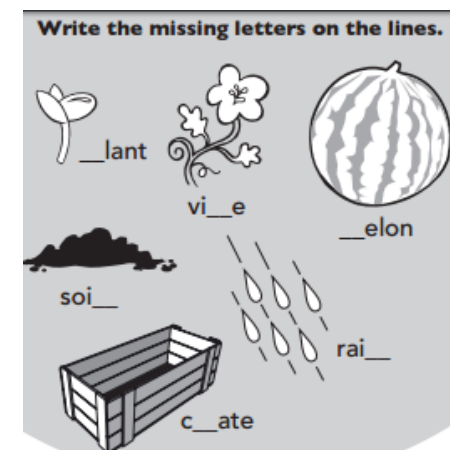


Howard-Suamico School District Menu May 2016

Monday	Tuesday	Wednesday	Thursday	Friday
2 BALL PARK BONANZA: BRATWURST OR HAMBURGER on a Bun Tomato, Onion, Pickle Shoestring Fries Baked Beans Raw Veggies/Dip Fruit Ice	3 NACHO GRANDE: Nachos with Meat & Cheese Sauce Lettuce, Tomato Salsa, Sour Cream Black Olives, Refried Beans Corn Pears Pineapple	4  Stuffed Crust Pepperoni Pizza Broccoli Mixed Fruit Mandarin Oranges Salad Bar	5 BRUNCH FOR LUNCH: Ham French Toast Sticks Mini Tri Taters Crispy Fresh Cukes Applesauce Strawberries	6  Chicken Patty on a Bun Lettuce & Tomato Green Beans Raw Veggies/Dip Pears, Peaches Birthday Cupcake Strawberry Milk HAPPY BIRTHDAY, MAY BABIES!
9 Portesi Cheese Fries Marinara Sauce Broccoli & Cauliflower Crispy Fresh Cukes Mandarin Oranges Pineapple	10 Spaghetti with Meat Sauce Garlic Toast Green Beans Peaches, Pears Salad Bar PIZZA SCHMIZZA at BAY HARBOR & SUAMICO 	11 Chicken Nuggets Ranch or BBQ Sauce Bread Slice Sugar Snap Peas Baby Carrots/Dip Grapes Applesauce	12 2 Soft Shell Tacos with Meat & Cheese Lettuce, Tomato Salsa, Sour Cream Black Beans Corn Pineapple Peaches	13 Hot Dog on a Bun Baked Beans Raw Veggies/Dip Mixed Fruit Banana
16 Cheese Quesadilla w/Salsa or Ranch Tex Mex Rice Green Beans Jicama Sticks Orange Wedges Mixed Fruit Spring Flower Power Sugar Cookie 	17 Salisbury Steak in Gravy Mashed Potatoes Chocolate Muffin Peas & Carrots/Dip Pears Grapes PIZZA SCHMIZZA at FOREST GLEN	18 Trix Yogurt String Cheese Soft Pretzel Cheese Sauce Raw Veggies/Dip Pineapple Melon Pieces Tropical Twist Juice Box HOM: Melons 	19 P-3 PIZZA: Personal Pepperoni Pizza Broccoli Pineapple Mandarin Oranges Salad Bar	20 Chicken Tenders Ranch or BBQ Sauce Dinner Roll Baked Beans Baby Carrots/Dip Peaches Applesauce
23 Cheesy Garlic French Bread with Marinara Sauce Green Beans Raw Veggies/Dip Applesauce Mixed Fruit	24 Diced Chicken in Gravy Mashed Potatoes Dinner Roll Broccoli Mandarin Oranges Grapes Salad Bar PIZZA SCHMIZZA HOWARD & MEADOWBROOK	25  NACHO GRANDE: Nachos with Meat & Cheese Sauce Lettuce, Tomato Salsa, Sour Cream Black Olives Refried Beans, Corn Pears, Peaches	26 BRUNCH FOR LUNCH: Ham French Toast Sticks Mini Tri Taters Crispy Fresh Cukes Applesauce Strawberries	27 Mini Corn Dogs Broccoli & Cauliflower Baby Carrots/Dip Pineapple Banana 
30 NO SCHOOL 	31 Chicken Nuggets Ranch or BBQ Sauce Dinner Roll Peas & Carrots Crispy Fresh Cukes Peaches Applesauce	June 1 Stuffed Crust Pepperoni Pizza Broccoli Mixed Fruit Pears Salad Bar	2 Hamburger on a Bun Cheese Slice Lettuce & Tomato Raw Veggies/Dip Mandarin Oranges Pineapple	3 MUNCH-A-PICNIC- LUNCH: Trix Yogurt, String Cheese Goldfish Crackers Baby Carrots & Sugar Snap Peas/Dip Applesauce, Juice Box Birthday Cupcake HAPPY BIRTHDAY, SUMMER BABIES! 
6 Hot Dog on a Bun Pickle Relish & Onion Baked Beans Baby Carrots/Dip Pineapple, Mandarin Oranges	7 Portesi Cheese Fries Marinara Sauce Broccoli Pears, Grapes Salad Bar	8 COOK'S CHOICE		



Alternate entree offered daily. Fat-free chocolate, skim, or 1% milk included with meal. Lunch price is \$2.00 for grades K-4, \$2.20 for 5-8, \$.40 reduced price, and \$.35 milk. This institution is an equal opportunity provider and employer.

