Bay Harbors' Love 2 Run Club

This spring the **2nd, 3rd, and 4th graders** are invited to join a program called "Love 2 Run". It is a running club geared for serious runners to train for the Green Bay Cellcom 5K (3.1 miles) on Saturday, May 18th, 2013. More information about the Cellcom can be found at their web site http://www.cellcomgreenbaymarathon.com/.

Training and practice begins on **Thursday, April 11th**. Training runs will take place on Tuesdays and Thursdays beginning immediately after school and finishing promptly at 4:15 p.m.

There is no cost for the training, but there will be a registration fee for the Cellcom 5K run. More information will be available at a later date.

Students are encouraged to have a comfortable pair of tennis shoes suitable for running. They will need to wear clothes appropriate for running and the weather conditions. Also, students should bring a water bottle to the runs.

Parents are welcome and encouraged to train and run with us. If you are not a runner and would like to assist in some way we need crossing guards, and Gatorade makers.

Please complete and return the permission slip below to **Mrs. Joynt** in the library no **later than April 2, 2013**. No late exceptions will be made.

An informational **parent meeting** is scheduled for **March 20th** at **5:30 (note this time change)** in the Bay Harbor Library. We will answer any questions and go over expectations of the running club.

Strap on those running shoes and we'll see you at practice!

Your Training Coaches,
Mrs. LaFrombois carrlafr@hssd.k12.wi.us / 662-9831
Mrs. Joynt kathjoyn@hssd.k12.wi.us / 662-8847

Love 2 Run Club's Permission Slip

Student Name_____has my permission to train for the Cellcom run through the "Kids Love to Run" program.

Teacher Name-Grade_____

Please list any medical conditions:_____

I will be able to assist with training runs.   Yes   No
I can help make Gatorade. Yes   No
I can be a crossing guard. Yes   No

Parent or Guardian Signature_____

Contact numbers_____

Email Address_____